



<p style="text-align: center;">Traditional Name (74 Small Forms divided into 13 Large Forms (after Chen Xin))</p>	<p style="text-align: center;">Expression - Section 4 (Part 2)</p>
<p style="text-align: center;">Sealing Six Avenues of Attack & Closing Four Sides Liu Feng Si Bi (25 of 74 forms)</p>	<p>Double Circle: Circle 1 Low level Fist expression Sweep Kick (Right Leg) Circle 2 High level Fist (Left) with Low level Fist (Right) expression On 1 legged stance (Left leg)</p>
	<p>Step out diagonally to right</p>
	<p>Sink with Press</p>
<p style="text-align: center;">Single Whip Dan Bian (26 of 74 forms)</p>	<p>Folding Inwards (to Left - low level)</p>
	<p>Whip (to Right - high level) with Claw (to Left - low level)</p>
	<p>Knee (to right - with Left knee) Throw with Figure 8 Silk Reeling (to Left then to Right (with Left Spear hand))</p>
	<p>Opening Left (Left Open Palm) & Right (KaiJing Hand) - Expand power in all directions</p>
<p style="text-align: center;">Rolling Hands through the Clouds Yun Shou (27 of 74 forms)</p>	<p>Empty Right side & Fold Cloud Hands to Right Cloud Hands to Left</p>
	<p>Stepping to Left with Cloud Hands - Various step works & expressions</p>
<p style="text-align: center;">Patting the Horse's Back Gao Tan Ma (28 of 74 forms)</p>	<p>Adjust Left leg - Left arm covers Low & then High levels Step in the Right low level kick & Rising Right palm Step back with Right leg - lifting Right Palm Step back with Left leg - Sinking Palms</p>